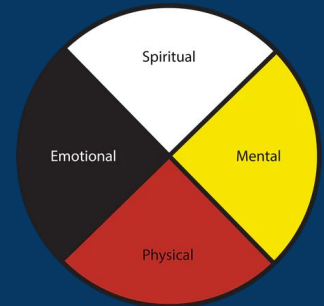




Monday, April 3  
Day 4

The Simcoe County District School Board acknowledges that we are situated on the traditional land of the Anishnaabeg people. We acknowledge the enduring presence of First Nations, Metis and Inuit people on this land and are committed to moving forward in the spirit of reconciliation and respect. Stayner is part of Treaty 18. Nottawasaga Purchase, signed on October 17, 1818.



Please stand for the singing of O Canada



# School Oath



Today I have an obligation.

No longer will I be silent if you need help.

Silence is participation.

I refuse to participate in the problem.

We are all different, but we all deserve respect.

If you need help, come to me.

If I think you need help, I'm getting involved.

I've got your back.

Good morning and happy first Monday of April, Wolfpack!

We are starting to see so many signs of Spring.

With all of the rain we will be getting over the next little while, we want to help the grass in our garden grow. So, please stay out of the muddy patches while you are out at recess.

There are many important days that we will be recognizing this month. Please make sure to check out our new Calendar that will be in the announcements each day.


















# April

Sikh Heritage Month  
 2-World Autism Awareness Day  
 4- Mahavir Jayanti (Birthday)  
 6-8- Theravāda New Year  
 6-13- Pesach (Passover)

7- Good Friday  
 8- Farvardegan  
 9- Easter  
 9- Vimy Ridge Day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 CMES Skate at 6-7pm	4	5	6 	7 Holiday No School	8
9	10 Holiday No School	11	12 Day of Pink Gr. 3 Swim 	13 	14 	15
16	17 	18	19 Gr. 3 Swim 	20 Movie Night 	21 Blue/Green Day	22 Earth Day 
23	24 	25	26 Gr. 3 Swim 	27 	28 PA DAY	29

Quote of the day...

**Be patient  
with yourself.**

Nothing in nature  
blooms all year.



This year, our school is participating in Autism Ontario's Celebrate the Spectrum campaign for World Autism Day. World Autism Day is a historic day in Canada for the autism community because it brings to light the struggles and triumphs of people on the autism spectrum and unites families, schools, communities, government, and professionals to make Ontario a more supportive and inclusive place for people on the autism spectrum.



How many years do you think Canada has been officially celebrating World Autism Day?

Stay tuned for the answer tomorrow...

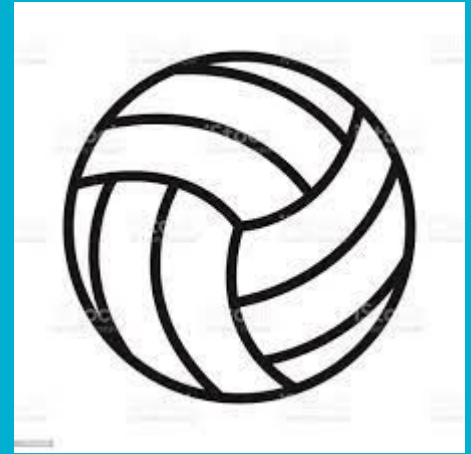


# Junior Volleyball!!!

Skills / Tryout Times for this week...

Mon - Boys - 1st break

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Please come to the gym with proper gym attire (indoor shoes). Tryouts will run for 30 mins. and you will be given the last 10 mins. to quickly eat in your classrooms.

(Teachers: if needed, we ask that you give students that are trying out a few extra minutes to finish eating. Thank you for your cooperation and patience!)

**Boys and Girls teams will be posted by tomorrow morning... stay tuned for practice days/times!!!**



**CLEARVIEW  
FAMILY SKATE  
NIGHT**


**TONIGHT -  
MONDAY  
APRIL 3rd  
6-7pm  
Clearview  
Arena**

At CMES we are always striving to reflect all voices, perspectives and experiences. The Skittle Squad is an inclusive group that supports 2S-LGBTQAIP+ individuals and allies.

This club for is a welcoming space for students and staff to work towards raising awareness and equality for all individuals.

**We meet on Wednesdays  
At 12:30 pm in Room 125  
Bring your lunch!**





The following classes will be visiting the Library **tomorrow (Tuesday)**:

Mr. Ciurko's class at 10:50

Mrs. McKean-Dobbs/Mrs. Nobre at 11:40

Mrs. McLean's class at 1:10

Remember  
to bring your  
library  
books!



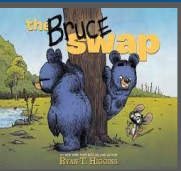
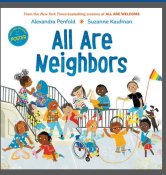
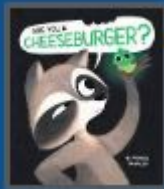
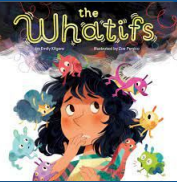
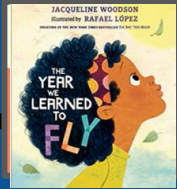
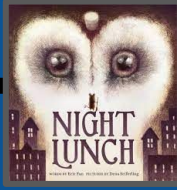
# Literacy Tournament of Books (next slide)

WOW! Thanks for all of the votes last week!

Now that we have our Final Four, we are onto our second week of voting to see which books move on to the Championship! Reread the books and make sure to vote by Friday!

 [VOTE HERE](#) 

# Tournament of Books 2023



## The 2023 Tournament of Books Voting Dates:

**Elite Eight** votes in by March 22nd  
**Final Four** votes in by March 31st  
**Championship** vote in by April 6th



#HelloYELLOW Mondays



## PAUSE

P

### Power Hug

Firm pressure is great for grounding. As you are able, place your left hand on the right shoulder and right hand on your left shoulder then hold.

Squeeze into a gentle hug. You can also try saying an affirmation while doing this exercise.

*I am doing my best*

*I choose to love myself today*

*I am worthy*



School  
Mental Health  
Ontario

Santé mentale  
en milieu scolaire  
Ontario

: #we'vegotyourback #TEAMWOLFPACK

**Primary RAKTivist's ideas for us to be kind at CMES.**

**Make sure people safe**

**Include everyone**

**Use people's names**

**Ask how people are doing**



**Help others**

**Give space**

**Stick up for others**

**Make people laugh**

**Play with others**

**Care about others**

# RECESS REMINDERS FROM THE OFFICE...



Some important recess reminders for our Wolfpack...

You can play with friends in ways that are safe and fun. That means you can keep your hands and feet to yourself.

You can be creative with games you play and remember to keep them fair and inclusive.

You can play in the snow and have fun building, rolling and running while keeping snow on the ground.

When we do this we can all have a fun recess where everyone feels safe and respected.

Work together because #We'veGotYourBack

A graphic featuring two overlapping speech bubbles. The top bubble is yellow and contains the word "SHOUT" in bold, dark blue letters. The bottom bubble is light blue and contains the word "OUTS" in bold, dark blue letters. Surrounding the bubbles are several five-pointed stars in yellow and light blue.

**SHOUT**

**OUTS**

Ms. Judd and Mr. Wedge -  
They have been with CMES  
for 1 Year!

To all the junior students  
trying volleyball last week  
and this week!

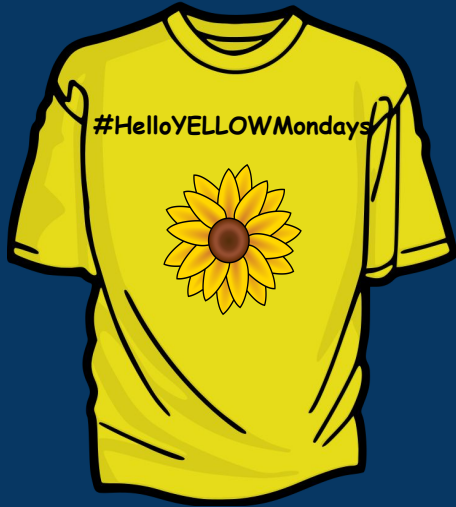
# Mindful Moment

Visit the virtual calming room and choose a calming music or video.



## Wear yellow on Mondays

#HelloYELLOWMondays  
Whatever you're going through, we are here to listen and help.  
#childrensmentalhealth



Wear Pink Wednesdays We encourage you all to wear pink on Wednesdays to show that you take a stand against bullying!



Spirit Day Fridays! Every Friday, make sure to rock our school colours! Please send your pictures to your classroom teachers or share on twitter and tag @CMESWolfpackVP





OKAY  
*Monday*  
LET'S DO  
*Awesome*  
THINGS